

Buffalo Springs Lake Ironman 70.3	Overall Winner	Overall Winner
	Male	Female
1990	Cody Huckaby 2:05:14	Sue Howell 2:30:37
1991	Chad Armstrong 2:07:36	Diane Proud 2:37:28
1992	Chris Toriggino 1:59:37	Kathy Jones 2:23:04
1993	Will Visser 1:56:22	Sharon Sander-Isom 2:15:58
1994	Darrin Rohr 4:06:27	Jenny Goettsche 4:49:56
1995	Ruben Arias 4:18:19	Elizabeth Rial 4:44:12
1996	Timothy Monaco 4:08:39	Lori Bowden 4:36:19
1997	Chuck Veylupek 4:05:58	Lauren Maule 4:32:36
1998	Troy Jacobson 4:08:19	Amy McGrath 4:50:13
1999	James Bonney 4:05:59	Barbara Buenahora 4:39:26
2000	Jimmy Riccitello 4:13:14	Joanna Zeiger 4:39:05
2001	Michael Lovato 4:09:11	Joanna Zeiger 4:29:05
2002	James Bonney 4:04:25	Lotte Branigan 4:52:04
2003	James Bonney 4:19:36	Joanna Zeiger 4:33:41
2004	James Bonney 4:06:35	Sabine Bildstein 4:40:42
2005	Marcel Vifian 4:09:33	Susan Williams 4:31:03
2006	Luke Bell 3:54:51	Natasha Badmann 4:22:11
2007	Chris Leigh 3:54:59	Natasha Badmann 4:19:01
2008	Leon Griffin 3:58:36	Mirinda Carfrae 4:23:29
2009	Paul Matthews 4:01:26	Amy Marsh 4:33:36
2010	Chris Lieto 3:55:28	Magali Tisseyre 4:23:21